

Protecting Your Clients and Yourself

As a home health worker, you take care of some of our city's most vulnerable residents. Older adults and people with chronic health conditions are more likely to get severely ill from COVID-19.

- Check with your employer for specific COVID-19 policies or procedures.
- Practice everyday preventive actions when working with clients:
 - Keep at least 6 feet of distance between yourself and others in the home when possible.
 - Wear a mask when at work and encourage your client to wear a mask as well.
 - * Proper [personal protective equipment \(PPE\)](#) must be worn when caring for clients with known or suspected COVID-19. Cloth face coverings are not PPE.
 - Perform hand hygiene with an alcohol-based hand sanitizer or soap and water when entering and leaving a client's home, when changing or altering PPE, and frequently throughout your visit.

Monitor Yourself for Symptoms

Symptoms may appear 2—14 days after exposure to the virus. Because you are frequently in close contact with others, you should consistently look out for:

- Fever or chills
- Cough
- Shortness of breath
- Fatigue
- Muscle aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion/runny nose
- Nausea/vomiting
- Diarrhea

Do not go to work or care for others if you have COVID symptoms.

Homecare workers who are employed by agencies should be eligible for paid sick leave. If you have questions about your coverage, call 215-686-0802 or email paysickleave@phila.gov

Getting Tested for COVID-19

It is important for home health workers to get tested because they have frequent close contact with vulnerable individuals. If you know you are infected, you can take the proper steps to isolate, get healthy, and avoid infecting clients.

Get tested if you develop new onset of symptoms listed above or if you think you may have been exposed to someone with COVID-19. If you think you may have been exposed but don't have symptoms, wait 7 days post-exposure to get a test.

Where can I get tested in Philadelphia?

There are many public testing sites throughout the city, and many local health centers are also offering testing. **No testing site will ask you for money. You will be asked for identification and health insurance information, but they are not required.**

A list of sites is provided on the back of this page. You can find more testing options by calling 1-800-722-7112 or visiting www.phila.gov/testing.

North Philadelphia		
Name	Address	How to Make an Appointment
Rite Aid	7401 Ogontz Ave 19138 2401 E. Venango St. 19134	Register at riteaid.com
CVS Pharmacy	6150 N. 5th St 19120	Call 215-548-1110 or visit cvs.com
PDPH Health Center 5	1900 N. 20th St 19121	Call 215-685-2933
PDPH Health Center 6	301 W. Girard Ave 19123	
PDPH Strawberry Mansion	2840 W. Dauphin St 19132	
Maria de los Santos Health Center	401 W. Allegheny Ave 19133	Call 215-291-2500
Fairmount Primary Care Center at Girard Medical Center	801 W. Girard Ave 19122	Call 215-827-8010
PHMC Health Connection	1900 N. 9th St. 19122	Call 855-887-9229
PHMC Rising Sun Health Center	5675 N. Front St 19120	
Congreso Health Center	412 W. Lehigh Ave 19133	
GPHA Hunting Park Ave Health Center	2017 W. Hunting Park Ave 19140	Call 215-271-4286
Project HOME Stephen Klein Wellness Center	2144 Cecil B. Moore Ave 19121	Call 215-320-6187
Northeast Philadelphia		
Rite Aid	9773 Roosevelt Blvd 19114	Register at riteaid.com
CVS Pharmacy	10901 Bustleton Ave 19116	Call 215-677-2122 or visit cvs.com
PDPH Health Center 10	2230 Cottman Ave 19149	Call 215-685-2933
Northwest Philadelphia		
CVS Pharmacy	6701 Ridge Ave 19128 3780 Main St 19127	Call 215-483-4179 or visit cvs.com Call 215-508-3607 or visit cvs.com
PDPH Health Center 9	131 E. Cheltenham Ave 19144	Call 215-685-2933
Abbottsford Falls Family Practice & Counseling	4700 Wissahickon Ave 19144 Building D, Suite 119	Call 215-843-9720
Center City and South Philadelphia		
CVS Pharmacy	3300-10 S. Broad St 19145	Call 215-463-0891 or visit cvs.com
PDPH Health Center 2	1700 S. Broad St 19145	Call 215-685-2933
PHMC Mary Howard Health Center	125 S. 9th St 19107	Call 855-887-9229
11th Street Family Health Services	850 N. 11th St 19123	Call 215-769-1100
Fairmount Primary Care Center	1412 Fairmount Ave 19130	Call 215-235-9600
GPHA Carl Moore Health Center	3001 Dickinson St 19146	Call 215-271-4286
West and Southwest Philadelphia		
PDPH Health Center 3	555 S. 43rd St 19104	Call 215-685-2933
PDPH Health Center 4	4400 Haverford Ave 19104	
Spectrum Community Health	5201 Haverford Ave 19139	Call 215-471-2761
Sayre Health Center	5800 Walnut St 19139	Call 215-474-4444